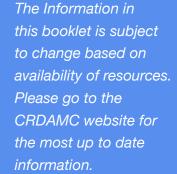
## **CARL R. DARNALL ARMY MEDICAL CENTER**







Carl R. Darnall Army Medical Center Public Affairs & Marketing Office

**MISSION** 

CRDAMC delivers exceptional care, optimizes medical

readiness, and produces a medically ready force in support of

III Armored Corps and Fort Cavazos.

VISION

To be our Staff and patient's first choice in healthcare

through trust, quality, and integrity. At CRDAMC, we treat

people like Family.

CRDAMC HO 793 (Rev)





# PATIENT HANDBOOK



darnall.tricare.mil

### WELCOME



Welcome to Carl R. Darnall Army Medical Center (CRDAMC).

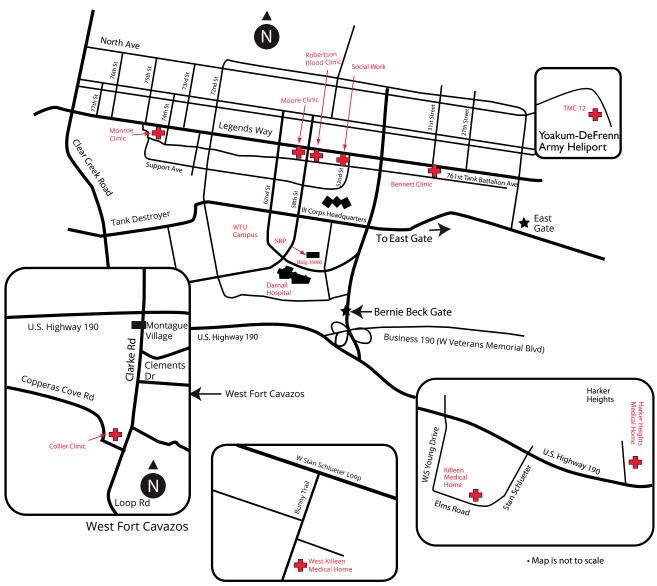
Today marks the beginning of your journey within the CRDAMC system for health, and we are honored to serve you.

As a patient-centered organization, we believe that you play an active role in your health care decisions. Our commitment is to listen to you and understand your needs. We believe that establishing a partnership between providers, patients, and their families is beneficial to the overall patient experience and positive patient outcomes.

Finally...we know information and communication are essential elements of patient satisfaction. We've developed this booklet to provide you with information about your health care system and all it has to offer.

Every member of the CRDAMC team is committed to providing safe, quality care and excellent customer service. Whether you are an active-duty service member, family member, or military retiree, our goal is to ensure timely access to safe, quality care.

CRDAMC Executive Leadership Team



West Killeen Medical Home

## Your Guide to Locations

Family Medicine **Residency Clinic**, **Pediatrics & Internal Medicine located** inside (CRDAMC)

#### What is the Patient Portal?

MHS GENESIS Patient Portal is a secure website that allows you 24/7 access to your health information, schedule appointments, and exchange messages with your care team anytime and anywhere. Beneficiaries seeking to view or download their health records to include lab and test results for medical care received since your first visit that was documented in MHS GENESIS. Through the MHS GENESIS Patient Portal, you can now communicate efficiently and securely with your primary care and specialty clinics online. The portal does not only provide a more convenient method to contact your provider, but if allows for health care concerns to be addressed without a physical appointment. You can still call the clinic or come in for a face-to-face office visit - this option was made available for your convenience.

## How to access the Patient Portal?

To access the MHS GENESIS Patient Portal, visit <u>https://my.mhsgenesis.</u> <u>health.mil/</u>. You can log in using your DS Logon. A free premium access (Level 2) account is required to view the health record. The DS Logon Premium allows you to view personal data about yourself in the Department of Defense and Department of Veterans Affairs systems, apply for benefits online, check the status of your claims, update your address information and more. There is no fee to access this service.



MHS GENESIS Patient Portal Login



#### How do patients access their online Health Record?

- 1. Account: Health Record in MHS GENESIS
- 2. Credentials: DS Logon Premier Access account, CAC or DFAS account credentials
- Link/Internet: https://my.mhsgenesis.health.mil/

## Where to go for more information?

For questions regarding the DS Login, visit <u>https://milconnect.dmdc.osd.mil</u> or contact the Global Support Center at (800) 600-9332.

#### What health care services can I access online with the Patient Portal?

- View your health record. Your historical Health Record data captured prior to MHS GENESIS will not be accessible via the portal. The MHS is working on a solution to view all data in one location. Until then, you may contact release of information at our local care facility.
- 2. Securely send messages and documents to your health care team.
- 3. Request prescription renewals. To request medication renewal, you will need to send a secure message. Your health care team and provider will receive your message for prescription refills in the Message Center, evaluate and respond by either sending a new prescription to the pharmacy, request you come in for an appointment, or deny the request, if appropriate.
- 4. View notes from your clinical visits and certain lab/test results, such as blood tests.
- 5. Refill requests to Pharmacy on medications that have remaining refills.
- 6. Fill out forms before your appointments.
- 7. Access education content related to your health concerns and medication.
- 8. Complete an *eVisit*
- 9. Book appointments (family members only).

### **Patient Portal Eligibility**

- Parents cannot access their children's medical record via MHS GENESIS Patient Portal once they turn 13 years old.
- Parents serving as proxies for family members can only view appointments and immunization records.
- Parents will have to request information through Outpatient Medical Records.
- This is driven by DoD Policy and the Children's Online Privacy Protection Act of 1998, COPPA.
- Ages 0-12: For beneficiaries between the ages of 0-12, the parents or guardians do have access to their child's patient portal account.
- Ages 13-17: Beneficiaries between the ages of 13-17 do not have access to online health records per DS Logon. Sensitive data "hides" clinical information for 13-17 year age patients from proxies. Only appointments, messaging, immunizations, and allergies are available for proxies.
- Ages 18+ : For beneficiaries ages 18 and up, access is available with a DS Logon account.
- National Guard/Reserve/Retired Service members maintain access to their MHS GENESIS Patient Portal via their DS Logon.
- Separated but not retired: Service members who have ended their military service, but not before becoming eligible for retirement, are allowed a grace period of six months to maintain their DS Logon and access to the MHS GENESIS Patient Portal.

• Deceased: The MHS GENESIS Patient Portal account for a deceased service member are inactive. However, family members who were granted proxy access will still have access to this through MHS GENESIS Patient Portal.

The sponsor must grant access in DMDC to spouse for them to have access to children in the patient portal.



### PATIENT CENTERED MEDICAL HOMES (PCMH)

### HEALTH CLINICS AND HOMES

You will receive most of your health care in your assigned PCMH's. When they cannot provide the appropriate care, you may be referred to hospitals in the TRICARE network. Our PCMH's offer the following services:

- Well Baby, Well Child exams
- Well Women Exams
- Physicals
- Minor Illness, Injury
- Radiology, Laboratory and Pharmacy
- Management of Limited Chronic Illnesses

#### **Family Medicine Residency Clinic** (FMRC)

Bldg. 36065 Grasslands Clinic (1st Floor) 590 Medical Center Road Monday-Friday: 7:30 a.m.-4:30 p.m. Active-duty Sick Call on weekdays: 7:00-7:30 a.m. (Soldiers Only) (Closed weekends and holidays) Phone: (254) 288-8280/8281

#### **Internal Medicine** Clinic

Bldg. 36065 Wetlands Clinic (2nd Floor) 590 Medical Center Road Mon-Fri: 7:30 a.m.-4:30 p.m. 3<sup>rd</sup> Friday: 7:30 a.m.-noon Phone: (254) 553-0267 (254) 553-3808



#### **Pediatric Clinic**

Children from birth to 18 years of age. Children with special health needs are usually enrolled in the Pediatric Clinic.

Bldg. 36065 Wetlands Clinic (1st Floor) Sante Fe Ave. Weekdays: 7:30 a.m.-4:30 p.m. (Closed weekends and federal holidays) Phone: (254) 553-3745

Pharmacy: Hours: Mon-Fri, 8 a.m.-4:30 p.m. Phone: (254) 553-3696

**Russell Collier Health Clinic** 



**Harker Heights Medical Home** 



West Killeen **Medical Home** 



### Killeen **Medical Home**



#### **Clinic Information**

2515 S. Clarke Road Fort Cavazos, Texas 76522

Clinic Hours: Mon-Fri, 7 a.m.-4:30 p.m. (Closed lunch: noon-1 p.m.) Phone: (254) 553-3146

Chinook Pediatrics: (254) 553-3180 Apache Active Duty: (254) 553-3673 Cobra: (254) 553-3181 Blackhawk: (254) 553-3034 Flight Physicals: (254) 553-3673 Flight Nurse: (254) 553-3001

Pharmacy: (254) 553-3007 Hours: Mon-Fri, 7:30 a.m. - 4:30 p.m. (Closed noon - 1 p.m.)

#### **Clinic Information**

201 E. Central Expressway, Suite 200 Harker Heights, TX 76548

Clinic Hours: Mon-Fri, 8 a.m.-5 p.m. (Closed: 12:30-1:30 p.m.) Phone: (254) 553-5901/08

#### **Clinic Information**

5200 Bunny Trail Killeen, TX 76549

Clinic Hours: Mon-Fri, 8 a.m.-5 p.m. (Closed: 12:30-1:30 p.m.) Phone: (254) 553-8110

#### **Clinic Information**

3404 Kaydence Court Killeen, Texas 76542 (Located off Elms Road in between WS Young Dr & Stan Schlueter Loop)

Clinic Hours: Mon-Fri, 8 a.m.-5 p.m. (Closed: 12:30-1:30 p.m.) Phone: (254) 553-6001/02

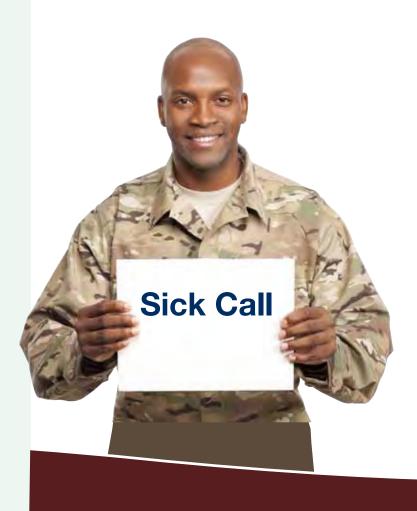


# SOLDIER CENTERED MEDICAL HOME (SCMH)

### **Soldier Centered Medical Homes**

Soldiers receive their health care at troop medical clinics and health clinics designated by their units. Our goal is to improve and enhance individual and unit medical readiness.

## **Appointment Scheduling:**



## Call your health clinic for information on how to schedule appointments or call (254) 288-8888

#### **Active-Duty Sick Call**

- Sick call is for acute or urgent illness. A military ID and an Individual Sick Slip (DD Form 689) are required. Hours are posted and dictated by unit medical staff; therefore, see your unit chain-of-command for location and times.
- Periodic Health Assessments (PHA): If you are active duty and have not had your annual Periodic Health Assessment, call for an appointment at (254) 288-8888.
- Flight Physicals: To schedule flight physicals, call Yoakum-Defrenn Army Heliport (formerly TMC 12), (254) 286-7311/285-6803, or the Russell Collier Health Clinic (West Fort Cavazos), (254) 553-3673.
- For sick-call, all Soldiers E-6 and below have to have a sick-call slip (DD From 689) signed by the medic for their unit accountability.

### PRIMARY CARE FOR ACTIVE DUTY SERVICE MEMBERS SOLDIER CENTERED MEDICAL HOME (SCMH)

### Monroe Health Clinic

#### **Clinic Information**

Bldg. 33003, 1776 W. Legends Way

Clinic Hours: Mon-Fri, 6:30 a.m.-4:00 p.m.

Phone: (254) 618-8786/8767



Sick Call: 6:30 - 7:30 a.m.

**Appointment Phones:** (254) 618-8786/8767

1MED &13th ESC Call Team Pinto: (254) 618-8786

III Corps, 11th Sig, SRU and USAG call Team Thoroughbred: (254) 618-8767 (Closed weekends, holidays, and 1st CAV training holidays. Optometry clinic most training holidays)

Pharmacy Hours:

Mon-Fri, 7 a.m.-noon, 1-4 p.m. (Closed lunch: 12-1 p.m.)

Pharmacy closed every 3rd Friday from 12 - 4 p.m.

### **Charles Thomas Moore Clinic**

#### **Clinic Information**

Bldg. 2245, 58th St. and 761st Tank Battalion Ave.

Clinic Hours: 6:30 a.m.-4:00 p.m.

Phone: (254) 285-6349/6350



Active Duty Sick Call on Mon-Fri, 6:30 – 7:30 a.m.

GREEN BANNER (1st BDE): (254) 285-6271/6272

BLUE BANNER (SUST BDE): (254) 285-6229/6230

RED BANNER (2nd BDE): (254) 285-6227/6228

ORANGE BANNER (3rd BDE): (254) 287-0588/1967

Pharmacy Hours: Mon-Fri, 7 a.m.-4 p.m. Phone: (254) 285-6349/6350

Pharmacy closed every 3rd Friday from 12 - 4 p.m.

### **Bennett** Health Clinic

#### **Clinic Information**

1022 E. Legends Way Fort Cavazos, Texas 76522

Clinic Hours: Mon-Fri, 6:30 a.m.-4:00 p.m. (Closed: noon -1 p.m.)

Phone: (254) 618-8123

### **Yoakum-Defrenn Army Medical** Home

#### **Clinic Information**

3812 East Murphy Rd. Cavazos Army Air Field, Bldg. 7015

Phone: (254) 286-7311/ 285-6803



Sick Call: Mon-Fri, 6:30-7 a.m. Physical Therapy: 6:30 a.m.-4 p.m. Medical Records: 7 a.m.-3:30 p.m. X-Ray: 7 a.m.-12 p.m. and 1-4 p.m. Lab: 6:30-11:50 a.m. and 1-3:30 p.m. Optometry: 7 a.m.-4 p.m. Immunization: Mon-Fri, 7-11:30 a.m. and 1-3 p.m. (Closed weekends and holidays/training holidays) Appointment Phones: TEAM PATRIOT (69th ADA, DIV WEST, DIVARTY): (254) 288-6929 TEAM WOLVERINE (3rd SFAB, 36th ENG): (254) 288-7577 Pharmacy Hours:

Mon-Fri, 7 a.m.- 4 p.m. (Closed lunch: 12-1 p.m.)

Pharmacy closed every 3rd Friday from 12 - 4 p.m.



Sick Call: Mon-Fri, 7-7:30 a.m. and by appointment

(Closed weekends, holidays and training holidays)

For Part One Flight Physicals, please contact Russell Collier Health Clinic at (254) 553-3673

### HEALTH CARE PROGRAMS

### PEDIATRIC HEALTH CLINIC



## An exceptional experience every single time

#### **Exceptional Family Member** Program

Active-duty Family members with chronic medical conditions or medical equipment, and children with special educational needs are required to be enrolled in the Exceptional Family Member Program to help ensure appropriate PCS assignments for the sponsor.

The EFMP office is located on the 1st Floor of Clinic Building 1, Wetlands, at the Main Hospital.

#### **Clinic Hours:**

Mon: 8 a.m.-4 p.m. Tues: 8 a.m.-4 p.m. Wed: 8 a.m.-12 p.m. Thurs: 8 a.m.-4 p.m. Fri: 8 a.m.-4 p.m. (Closed every 3rd Friday of the month from 12-4 p.m.)

Phone: (254) 288-8099.

#### Allergy & Immunology Clinic

(2nd Floor, Clinic 1, Wetlands)

The Allergy and Immunization Clinic is a full-service clinic for active duty and family members identified with different allergies. Call us if you need to schedule travel immunizations or need information about allergy shots.

#### All other Immunizations are done at your assigned clinic.

All pediatric aged patients 18 and under should be seen at their assigned primary care clinic for all routine immunizations to their assigned clinic. please provide any immunizations records available.

#### For more information go to:

https://darnall.tricare.mil/Health-Services/Specialty-Care/Allergy-Immunology-Clinic

Phone: (254) 285-6335.

#### Vision Care

To learn more about vision coverage visit:

https://www.tricare.mil/ CoveredServices/Vision

https://www.benefeds.com/programs

#### **Dental Care**

Soldiers receive dental care at unitdesignated dental clinics on Fort Cavazos.

Active Duty Family members may enroll on the TRICARE Dental website at www.tricare.mil/bwe. For additional information visit www.uccitdp.com or call (844) 653-4061.

**Retirees and their family members** may enroll on the TRICARE Retiree Dental Program website at https://www.benefeds.com/educationsupport/carriers-plans or call (877) 888-3337.



#### **Health Care for** Children

Well Baby and Well Child Exams: Pediatric care for children from birth to 18 years of age is available from your primary care manager. Children receive comprehensive examinations and immunizations during well child visits. For an appointment, call (254) 288-8888. Bring the child's medical records as well as all of their shot records to the appointment.

DARNAL

# Does your child need a well-baby visit? Call (254) 288-8888

to schedule a well-baby appointment today or contact your pediatric care team through:

https://my.mhsgenesis.health.mil ou for your patience during our beclatines, we are open and ready to provide weirbady visits id vaccines. Your child's health and safety are important to us. Safety measures are in place within the clinic to protect you

Pediatrics is Now Accepting Appointments for Well-Baby Visits

### HEALTH CARE SERVICES & SPECIALTY SERVICES



### SPECIALTY CARE SERVICES AVAILABLE AT CRDAMC

#### Surgery

- General Surgery/Urology
- Otolaryngology
- Anesthesia/Pain
- Ophthalmology/Lasik
- Audiology/Hearing Conservation
- Speech
- Oral/Maxillofacial
- Traumatic Brain Injury

### **Rehabilitative** Medicine

- Orthopedics (hand/spine)

- Management

#### Women's Health

The primary care clinics within the Department of Family and Community Medicine have routine appointments for Pap smears, well women exams, gynecological problems, and contraceptive counseling. For an appointment, call (254) 288-8888.

#### Health Care for Pregnant Persons

Pregnant civilian beneficiaries may receive prenatal care in the Women's Health Center, the Family Medicine Residency Center, or from Network Ob/Gyn providers and hospitals. Pregnant active-duty beneficiaries will receive prenatal care in the Women's Health Center or the Family Medicine Residency Center. Once you have a positive and *clinic-confirmed* pregnancy.

#### Neurology Gastroenterology

Endocrinology

Allergy

Coumadin Clinic

Cardiology

# **Orthopedics &**

- Physical Medicine
- Chiropractic Service
- Occupational/Physical Therapy
- Interdisciplinary Pain
- Sports Medicine

### **Radiology Services**

Bennett, Charles Thomas Moore, Collier, and Monroe Health clinics all offer basic radiology services. Special tests are done at CRDAMC's Department of Radiology to include MRI, CT, Ultrasound, Mammography, and Nuclear Medicine. To schedule an appointment, call Radiology Scheduling, (254) 286-7178

#### **Medicine**

- Internal Medicine • Pulmonology
- Dermatology
- Sleep Disorders Clinic
- Infectious Disease
- Rheumatology

### Women's Health

 Maternal/Fetal Medicine • Obstetrics (OB) • Gynecology (GYN)

### **Behavioral Health**

- Psychiatry/Psychology
- Social Work
- Addiction Medicine
- Embedded Behavioral Health
- School-based Behavioral Health
- Substance Abuse

#### **Pediatrics**

- General Pediatrics
- Neonatology
- Cardiology (San Antonio Staff)
- Urology (San Antonio Staff)
- Pulmonary (San Antonio Staff)
- Developmental

#### **Laboratory Services**

Basic laboratory services are available at Bennett, Charles Thomas Moore, Collier (West Fort Cavazos), and Harker Heights Clinics. The Family Medicine Residency Center uses CRDAMC's laboratory. Special tests are done in CRDAMC's laboratory.

1st Lab Floor: (254) 553-4384/4385

For more information go to: https://darnall.tricare.mil/Health-Services/Labs-Tests-Radiology/ Laboratory



### EMERGENCY AND URGENT CARE

#### **Emergency Department**

Patients are seen according to the seriousness or severity of their medical problems at CRDAMC's Emergency Department.

CRDAMC's Emergency Department 590 Medical Center Road Building 36065 Fort Cavazos, Texas 76544 Hours: 24/7 Phone: (254) 288-8114

Emergency Care is care you need to treat a serious medical condition immediately. An emergency is a threat to life, limb, eyesight, safety and includes a mental health emergency. Patients are seen according to the seriousness or severity of their medical condition at CRDAMC's Emergency Room.

If you are unsure if your condition requires a visit to the emergency room, you can call the MHS Nurse Advice Line Tel: 1-800-TRICARE, option 1 to talk to a nurse regarding your health situation.

#### **Dependent Parents and** Parents-in-law of Active Duty

Soldier and Military Retirees: We recommend that you provide civilian health insurance for dependent parents. By law, dependent parents and parents-in-law (ID card holders) of active duty Soldiers and military retirees have some health care benefits.

TRICARE allows these beneficiaries access to emergency centers for emergencies and urgent cases. However, because there is very limited space available, if dependent parents are admitted to CRDAMC and stabilized, they may be transferred to a civilian provider for further care. It is the sponsors responsibility to provide them with a civilian care provider.

#### **Urgent Care**

Urgent Care has care you need for nonemergency illness or injury. You need urgent care treatment within 24 hours, and you shouldn't have to travel more than 30 minutes for the care.

For more information go to: https://www.tricare.mil/urgentcare



### BEHAVIORAL HEALTH SERVICES



### **Behavioral Health**

Everyone reacts to stress and traumatic experiences differently. While some have reactions that can be seen as normal responses to life events, others may experience signs or symptoms of more serious conditions.

Mental health and substance misuse conditions can affect anyone: you are not alone. The Military Health System has many resources available to help those who need it.

If you or someone you know needs support now, call or text 988 or chat at 988Lifeline.org. 988 connects you with a trained crisis counselor who can help.

Phone: (254) 553-3623 (254) 553-3624

CRDAMC's Behavioral Health 590 Medical Center Road Building 36065 **3rd Floor** Fort Cavazos, Texas 76544 Hours: 24/7

https://darnall.tricare.mil/Health-Services/Mental-Behavioral-Health-Substance-Use-Disorder

#### **Referral Services**

Referral management is the process for managing and tracking patient referrals, both internal and external to the medical treatment facility. The Referral Management Branch is responsible for the referral management operations between the medical treatment facility and the TRICARE contractor, (Tri-West).

#### **Referral Process** Information

- PCM submits a referral for review by Referral Management, Within one business day, the Military Treatment Facility (MTF) will determine if it has the capability and meets the access to care capacity for the requested specialty care service.
- If it is determined that the MTF meets this criteria. the referral will be appointed to the MTF. Patients can call the Centralized Appointing at (254) 288-8888 to initiate booking 48-72 hours after their initial primary care manager appointment.
- If the MTF is unable to provide the requested service, the system referral status will display "Defer to Network." The referral is sent to Tri-West where the specialty care provider is identified/assigned.
- A notification letter will be sent by Tri-West to the patient as well as the assigned network specialty care provider with the medical services and the number of visits authorized. You can view the same information on the Tri-West self-service portal immediately after the referral is processed.
- If you would like to request a change to the assigned network specialty care provider, patients must contact Tri-West at (888) 874-9378.

Log into the Tri-West self-service portal to view any referrals that have been sent to the network from CRDAMC. If not already registered for secure services, you'll need to first register, then sign in. https://tricarebene.triwest.com/signin

- contact:

### Services That Don't **Require a Referral**

If you are enrolled in TRICARE Prime, you can get some services from a network provider in your area without a PCM referral.

https://www.tricare.mil/ healthwellness/preventive

#### **View Referrals/ Authorizations**

 Referral appointed to the Military Treatment Facility (CRDAMC),

- Centralized Appointing Service at (254) 288-8888

• Referral deferred to the network (off-post), contact:

- West Region Contractor (Tri-West) at (888) 874-937 Tri-West Military Self Service Portal https://tricare-bene.triwest.com/signin

Outpatient mental health care visits

 Urgent Care (Active-duty service members must have a referral for Urgent Care)

• Preventive services

- For additional information, visit:

### PHARMACY SERVICES

**CRDAMC** has outpatient pharmacies located in the hospital and throughout the Fort Cavazos and surrounding communities. Bennett, Charles Thomas Moore, Collier (West Fort Cavazos) and Monroe Health Clinics all offer pharmacy services. The Family Medicine Residency Center uses CRDAMC's main pharmacy. A current military ID card (or a copy of the front and back of the ID Card) is required to fill prescriptions for individuals 10 years of age and older. See the paragraph, Refill Pharmacy, for details concerning refills.

#### Main Outpatient Pharmacy and Outlying Clinic Pharmacies

Pharmacy services include filling prescriptions and over-the-counter medications stocked at CRDAMC. Prescriptions are dispensed from CRDAMC facilities without charge to military ID card holders (Soldiers, military retirees, and their family members). To serve our patients in an orderly fashion, the pharmacy uses the Q-Flow queuing system to monitor each patient as they enter each pharmacy to have their medications processed.

#### **Refill Pharmacy**

Refills may be picked up at Clear Creek Pharmacy located in the Clear Creek PX Mall or at the main hospital pharmacy. Refills may also be picked up at the ScriptCenters located at the PX and main hospital lobbies. Because of the large number of beneficiaries, patients must submit refill requests in advance, call (254) 998-2601. You may also go online (https:// my.mhsgenesis.health.mil) to submit your request. Medications not claimed after seven days from designated pick-up date are returned to stock. Contact the pharmacy (254) 288-8800 if you expect a delay in picking up your refilled prescription and request that your medications be held until a specific date.

#### **Prescription Activation**

Activate new prescriptions for pick-up at the main hospital pharmacy, Clear Creek PX or Pediatrics Pharmacy by using our remote Q-Anywhere system. Once your request is submitted, you will receive a text with your "Q" ticket number and later be notified when prescriptions are ready for pick-up. Your "Q" number is valid for 96 hours from the day it was issued; otherwise, check-in at the pharmacy kiosk to get a new ticket for medication pick-up within 7 days.



**Pharmacy Call Center Hours:** Mon-Fri: 8 a.m.- 5 p.m., Sat: 9 a.m.- 5 p.m. Closed Sundays and holidays

Alternatively, you may activate new prescriptions by calling the Pharmacy Call Center at (254) 288-8800 or in-person by checking in at the pharmacy kiosk.



We are expanding Q-Anywhere to include NEW prescriptions entered outside of the last 14 days. You will need to provide the name of medication(s) you want to pick up in Step 6 to continue the process.







Enter the 10-digit DOD ID for the patient(s) receiving pharmacy services today. Press ADD. **Press NEXT.** (If picking up for multiple patients, please add all DOD IDs prior to pressing NEXT).

**Provide a phone number** to receive messages from the pharmacy. Press NEXT



You will receive a message confirming that you are checked in. You will receive a Q-number i.e. Q1234. (DO NOT wait in the lobby. We will message you if we

encounter any issues.)

\*\*ONLY pull a "Return for Pickup" ticket from the machine IF it has been more than 96 business hours (4 business days) since your request, or if you are coming to pick up your medication(s) the following week.

# Pharmacy Line, Use... Q-Anywhere



**Click the Link you Receive,** https://cxmlink.com/DHAMTF6732. Hit "Accept" to proceed.





SELECT

Select the pharmacy you would like to use:

**1.** Main Pharmacy or 2. Clear Creek PX Pharmacv



### **MEDICATIONS**

**Please enter the name** of the medication(s) you

need processed. (If you do not know this information: enter what you are using the medication(s) for, which provider prescribed it, or the date it was prescribed).



READ

You will receive a message notifying you that your medication(s) are ready for pick up



Once you are in the pharmacy lobby, message "I AM HERE." Your Q-number will be called. (\*Do NOT pull a number from the ticket machine\*)

### PHARMACY HOURS, PICK-UP AND PHONE NUMBERS

#### **Mail Order Pharmacy**

The mail order pharmacy is your least expensive option when not using a military treatment facility pharmacy. With the mail order pharmacy, you enjoy the convenience of having your medications delivered directly to your home with free standard shipping. Mail order is best suited for medications taken on a regular basis. You may receive up to a 90-day supply of medications for minimal out-of-pocket costs. With the mail order pharmacy, there may be a copayment for each prescription filled (up to a 90 day supply). Refills can be ordered online, by phone, or by mail. The mail order pharmacy also provides you with convenient notifications about the status of your order, refill reminders, and assistance in renewing expired prescriptions. If you have questions about your prescriptions, pharmacists are available 24-hours-a-day, 7-days-a-week. For more information, visit www.express-scripts.com/TRICARE or call (877) 363-1303.

#### TRICARE Retail Network Pharmacy

Another option for filling your prescriptions is through a TRICARE network pharmacy. You may fill prescriptions (one copayment for each 30-day supply) when you present your written prescription along with your military ID card to the pharmacist. All TRICARE eligible beneficiaries registered in DEERS are automatically eligible for the retail network pharmacy option. This option allows you to fill your prescriptions at network pharmacies across the country without having to submit a claim. To find the nearest TRICARE retail network pharmacy, visit <u>www.express-scripts.</u> <u>com/TRICARE</u> or call (877) 363-1303.

#### **Self-Care Program**

Self-care is available to ALL TRICARE BENEFICIARIES. Present DOD ID at pharmacy for self-care medications. Limit is 4 items per household per month. CRDAMC Main Pharmacy

Hours: Mon–Fri, 8 a.m.–4:30 p.m.

**Closed:** Saturdays, Sundays and Holidays

#### **Clear Creek Pharmacy**

**Hours:** Mon–Fri, 9 a.m.–5:30 p.m.

Sat, 9 a.m.–5 p.m.

**Closed:** Sundays and holidays Every 3rd Friday from 3-5 p.m.

**Call 24 hours a day:** (254) 998-2601

Online: www.my.mhsgenesis.health.mil

#### **Refill Pick-up Schedule**

IN BEFORE NOON ON:	PICK UP AFTER NOON ON:
Monday	Thursday
Tuesday	Friday
Wednesday	Saturday
Thursday	Monday
Friday	Tuesday
Saturday/Sunday	Wednesday



### INFORMATION AND MAKING APPOINTMENTS

### YOUR FEEDBACK MATTERS

#### **Patient Appointment Services**

To schedule an appointment for any of the following, call Patient Appointment Services at (254) 288-8888:

- Active-duty Periodic Health Assessments
- Appointment cancellations
- Immunizations
- OB/GYN
- Overseas screening
- Pap smear
- Physical exams
- Primary Care appointments (sick, routine, follow-up and wellness exams)
- School physicals
- Specialty care appointments
- Well baby exams

#### **Appointments**

To make or cancel an appointment, call the Patient Appointment Service at (254) 288-8888 or (800) 305-6421.

7 a.m. - 4 p.m. except federal holidays

7 a.m. - 12 p.m. every 3rd Friday of the month

#### Medical Records/Release of Information:

Patients may request copies of their medical records using form DD Form 2870 (Authorization for Disclosure of Medical or Dental Information) available online www.esd. whs.mil/Directives/forms/dd2500 2999/.

Service Members requesting records for retirement must submit a DD form 2870 with a digital signature and send to the ROI email address: Any other requests may also be sent via email to usarmy.hood.medcom-crdamc. list.roi@health.mil Patients requesting their own, or their minor dependents (under 16 years of age) can complete a DD Form 2870 and return it to ROI along with a copy of a state issued (DMV driver's license, DMV identification card. DOD Identification card

(Non-CAC), etc.) Please redact SSN Number to only the last 4 digits. Spouses and minor children 16 years and older MUST sign their DD Form 2870 and send a copy of their ID along with the request.

Shoemaker Center (Basement Rm #0002 or 0003), 36000 Shoemaker Lane, Fort Cavazos, Texas 76544

Phone: (254) 287-0884, (254) 286-7757, (254) 553-8641 or (254) 553-9816

#### Fax: (254) 288-8368

Email: usarmy.hood.medcom-crdam.list.roi @health.mil

#### **Defense Enrollment Eligibility Reporting System (DEERS)-Identification (ID) Cards**

You must have an ID card to receive services at Bldg 130 on Legends Way. For information, call (254) 287-5670 or (254) 553-4444, or schedule an appointment online at:

https://idco.dmdc.osd.mil/idco/

#### **Nurse Advice Line**

Available to active duty, veterans, retirees, and family members eligible for military health care.

- Visit mhsnurseadviceline.com from web chat and video chat, or dial (800) TRICARE (874-2273), option 1
- 24-hours-a-day
- · Advice about urgent and non-emergent health issues/situations
- Find an urgent care or emergency care facility
- Make appointments
- Get an online "absence excuse" or "sick slip" when medically appropriate
- Information about self-care for injuries and illnesses

#### **Patient Comments**

We would like to hear from you. Your ideas are important to us and we have implemented many of your suggestions. You may use any of the following forms to present your ideas and concerns:

- Interactive Customer Evaluation (ICE): ICE kiosks are located in various locations at the hospital and the primary care clinics. ICE comments may also be submitted online at http://ice.disa.mil
- Email: You may submit an email via our website, darnall.tricare.mil
- Patient Advocate Office: You may visit the patient advocate office, which is located on the 2nd floor of CRDAMC, Room 22-C08. Phone: (254) 288-8156

#### **Joint Outpatient Experience Survey** (JOES)

The Military Health System has rolled out a unified outpatient survey system for all Military Treatment Facilities (MTFs) across all services. The Joint **Outpatient Experience Survey (JOES)** combines and standardizes longstanding methods used by the Army, Navy, Air Force and Defense Health Agency/National Capital Region to learn about beneficiary health care experiences with the goal of making them better at MTFs.

Take a few minutes to fill out the Joint Outpatient Experience Survey (JOES) when you get it by mail or email. JOES is a survey that asks questions about your military health care experience. It's secure and we won't share your personal information. Your JOES responses tell us what we're doing right and what we can do better.

The TRICARE Inpatient Satisfaction Survey (TRISS is conducted to improve our inpatient's experiences by asking for feedback after a recent hospital stay. Your feedback helps us identify which health care services are working well and which ones need improvement.

### TRISS

1	
	Constant Same Same Lext message surveys for patient care
	Customer Service   Excellent   Good   Average   Poor
	For more Information
	Visit: www.health.mil/surveys

### CARE OUTSIDE OF CRDAMC

#### TRICARE Prime Travel Benefits

The National Defense Authorization Act for FY2001 authorized the payment of transportation expenses for TRICARE Prime enrollees who travel for medically necessary, non-emergent outpatient specialty care greater than 100 miles (one way) from their primary care manager's clinic (Joint Federal Travel Regulations 033007). The following year, the National Defense Authorization Act for FY2002 authorized a nonmedical attendant to accompany a non-active duty TRICARE Prime patient meeting certain criteria.

Medical claims for dates of service prior to Jan 1, 2025 must be submitted to TRICARE Claims, P.O. Box 7981, Madison, WI 53707-7981, and dates of service after Jan 1, 2025 to TRICARE Claims, P.O. Box 202112, Florence, SC 29502-2112.

If your emergent or urgent care visit generated a prescription, it can be filled at a military treatment facility pharmacy or any TRICARE network pharmacy. If you need assistance, call Express Scripts at (877) 363-1303.

Who may qualify: TRICARE Prime beneficiaries (active duty family members, military retirees, and retiree family members) enrolled in Prime and that have been referred over 100 miles (one way) may qualify for some reimbursement for travel expenses. Active duty personnel are not covered by the TRICARE Prime Travel Benefit Program. For more information, call the CRDAMC Beneficiary Services Branch, (254) 288-8155. The staff is available from 7:30 a.m.-4 p.m., Mon-Fri (except holidays).

#### Active Duty

Your ID card validates eligibility for emergency medical care to a civilian facility. Contact the nearest DOD military treatment facility, your unit, or CRDAMC at (254) 288-8000, as soon as possible. If you are traveling out of the local area and need urgent care, visit the nearest military treatment facility. If there is no military treatment facility nearby, call Tri-West at (888) 874-9378 or the Nurse Advice Line at (800) 874-2273 option 1. **Routine care** will not be authorized while traveling.

#### **Family Members and Military Retirees**

Newborns must be registered in DEERS and TRICARE within 60 days of birth. If you are traveling outside the local area and need urgent care, call Tri-West at (888) 874-9378 for medical care authorization or call the Nurse Advice Line at (800) 874-2273 Option 1. A military ID card validates eligibility for emergency care. Emergency care in a hospital that does not result in an admission does not require preauthorization. **Routine care will not be authorized while traveling.** 



#### Transitioning out of TRICARE Prime (Age 65)

Are you turning 65 soon? If so, there could be a change in your TRICARE insurance including a change in your primary care clinic. To avoid a lapse with insurance coverage or delay in access to care, please start planning 60-90 days prior to your 65th birthday.

To learn more, visit: <u>https://www.</u> tricare.mil/Plans/HealthPlans/TFL

To schedule a briefing regarding this transition, please call Beneficiary Services at (254) 288-8155.

Service members can apply for their secondary dependent(s) to be granted secondary dependent status within the Department of Defense (DoD). Secondary dependents are non-primary dependents of a service member and include parents, stepparents, parents-in-law or parents by adoption. If secondary dependency is granted, the dependent parent(s) are eligible to access certain services on DoD installations, such as medical care at a military hospital or clinic; however, dependent parents are not statutorily eligible for private sector TRICARE benefits (per Title 10, US Code),

#### Dependent Parent and Parent-In-Laws

Dependent parents are eligible for direct care at a military hospital or clinic - ONLY.

Dependent parent or parent-in-laws can receive emergency Care at Carl R. Darnall Army Medical Center's (CRDAMC) Emergency Room and can use CRDAMC's Pharmacy Services when the prescription is written for medications provided on the formulary.

We highly encourage looking into purchasing civilian insurance to cover any cost incurred for medical care unavailable at CRDAMC. For more information, please call Beneficiary Services at (254) 288-8155.

## How to Use the Scriptcenter



or controlled Substances

### Carl R. Darnall Army **Medical Center**

(Front Entrance Lobby)

ScriptCenter hours: 24 hours per day 7 days a week

Pharmacy Call Center Phone Number:

(254) 288-8800 Mon-Fri: 8 a.m. - 5 p.m. Sat: 9 a.m. - 5 p.m.

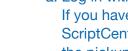
#### Clear Creek PX Mall

(Located in the Pharmacy Hallway)

#### ScriptCenter hours:

Mon-Fri: 8 a.m. - 8 p.m. Sat: 9 a.m. - 8 p.m. Sun: 9 a.m. - 6 p.m.

> **Opening hours** very with Federal Holidays



b. Enroll to create a new account. enrollment process.

c. Select "Single Prescription" to retrieve a single Rx using only the Rx number. You will need a current prescription number to pickup.

If you do not have a current prescription number, call the Pharmacy Center at (254) 288-8800 for assistance.

Review your prescription to pickup, sign, and complete your transaction.



ID Card, select, "I do not have DoD ID" and follow the prompts.

#### **CHOOSE TO EITHER:**

- a. Log in with and existing account If you have previously enrolled, the ScriptCenter will guide you through the pickup process.
- Follow the prompts to complete the

5

### 28 | darnall.tricare.mil

darnall.tricare.mil | 29

### **ONLINE RESOURCES**



#### https://www.facebook.com/CRDAMC







https://www.instagram.com/crdamc/



https://www.threads.com/@crdamc



**CRDAMC:** darnall.tricare.mil



**TriWest/TRICARE:** 

www.tricare-west.com



# **TRICARE Contract Regional Change**

Effective Jan 1, 2025, TriWest Healthcare Alliance became the contractor for the West Region to include Texas

Access the portal online at : <u>https://www.tricare.mil/west</u> See the "self-service" link at the top of the page. Securely manage your care and view enrollments, claims, referrals, payments, etc. You will need your personal email address you have on file with DEERS to log in. Verify or update DEERS: https://tricare.mil/deers

> Find Care - (TriWest Network Providers) https://tricare.mil/About/Regions/West-Region/Find-Care

Websites: https://tricare.triwest.com/en/beneficiary/ or https://tricare.mil/west

For more information go to: https://www.tricare.mil/About/Regions, or call the TriWest Customer Service Phone at (1-888-874-9378)

# Sign-up for the West Region

### Self-Service Beneficiary Portal



## IMPORTANT NUMBERS

Appointment for all PCMs & Cancellations	(254) 288-8888
Bennett Health Clinic	(254) 618-8039
Beneficiary Services Branch	(254) 288-8155
Collier Health Clinic (West Fort Cavazos)	(254) 553-3147/46
CRDAMC Info Desk (0 for Operator)	(254) 288-8000/8904
DEERS Info/ID Card Office	(800) 538-9552 (254) 287-5670
Emergency Room, CRDAMC	(254) 288-8114
Exceptional Family Member Program (EFMP)	(254) 288-8099
Family Medicine Residency Clinic	(254) 288-8208/81
Harker Heights Medical Home	(254) 553-5901/08
Internal Medicine Clinic	(254) 553-0267 (254) 553-3808
Killeen Medical Home	(254) 553-6001/02
Military One Source (24 hours)	(800) 342-9647
Monroe Health Clinic	(254) 618-8786/8767
Nurse Advice Line (Option 1)	(800) 874-2273
Patient Advocacy	(254) 288-8156
Pediatric Clinic	(254) 553-3745

Pharmacy
Pharmacy, Refill (within area co
Radiology
Referral Management Center
Soldier Medical Readiness Cen
Thomas Moore Health Clinic (B
Thomas Moore Health Clinic (G
Thomas Moore Health Clinic (R
Thomas Moore Health Clinic (ORANGE)
CRDAMC Release of Informatic
TRI-West Healthcare
Yoakum-Defrenn (TMC #12)
West Killeen Medical Home

Women's Health Clinic/OB GYN

	(254) 288-8800
ode 254)	(254) 998-2601
	(254) 286-7178
	(254) 553-1846
nter	(254) 285-6232
BLUE)	(254) 285-6229/30
GREEN)	(254) 285-6271/72
RED)	(254) 285-6227/6288
	(254) 287-0588/1967
on	(254) 553-8641/9816
	(844) 866-9378
	(254) 285-6803
	(254) 286-7311
	(254) 533-8110
N	(254) 288-8109